**Chocolate Mug Cake**

**Ingredients**

1/4 c.

all-purpose flour

2 tbsp.

granulated sugar

2 tbsp.

unsweetened cocoa powder

1/4 tsp.

baking powder

1/8 tsp.

kosher salt

1/3 c.

whole milk

2 tbsp.

unsalted butter, melted

2 tsp.

pure vanilla extract

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squares caramel, quartered

1/4 c.

toasted pecans, chopped

**Directions**

1. In a 12-ounce mug, whisk together flour, sugar, cocoa powder, baking powder, and salt. Stir in milk, butter, and vanilla. Fold in caramel and pecans. Microwave on High until just cooked through, about 90 seconds.